

Asics Watford Half Marathon 01 February 2009 Vet Men's Team Results

(3 competitors per team. Based on cumulative time.)

Team/Place	Time	Name	Age Cat	No	Posn
1 : Metros					
2	1:14:38	Nigel RACKHAM	M40	10	13
46	1:28:38	Nathan POWELL	M40	203	159
53	1:29:24	Kevin SMART	M40	1048	171
2 : Chiltern Harriers AC					
5	1:20:28	Robert BURTON	M50	28	46
24	1:25:47	Ian LAWSON	M40	1198	94
41	1:28:04	Steve PERKIN	M40	385	149
3 : London Heathside					
9	1:22:59	Gavin EVANS	M40	1941	59
23	1:25:40	Robin TREMAINE	M50	1942	92
33	1:27:05	Dominic JACKSON	M40	971	122
4 : St Albans Striders					
19	1:24:38	Colin BRAYBROOK	M40	37	81
40	1:28:03	Stephen KIRCHIN	M40	51	148
64	1:30:08	Bob VOYCE	M40	115	195
5 : BoxFit-tri					
14	1:23:51	Paul HALFORD	M40	1120	72
22	1:25:28	Dave COARD	M40	1938	90
118	1:34:47	Noel KEENAN	M40	331	338
6 : London Fronrunners					
12	1:23:32	Garry PARSONS	M40	1015	68
39	1:27:59	Julian WILLIAMS	M40	986	146
106	1:33:35	Andy ATKINS	M40	2347	300
7 : Dunstable Road Runners					
8	1:22:53	John MURPHY	M40	73	58
42	1:28:10	Michael HAND	M40	2344	150
113	1:34:24	Peter STACK	M40	1116	320
8 : Tring RC					
4	1:20:12	Paul ALLEN	M40	1424	43
51	1:29:13	Jim SINTON	M40	304	168
159	1:37:57	Robert PINFIELD	M40	350	468
9 : 26.2 Road Runners Club					
55	1:29:31	Mark WEIGHT	M40	1866	176
57	1:29:39	David WILSON	M50	504	184
65	1:30:17	Dominic COLLIER	M40	514	198
10 : British Airways					
43	1:28:13	Graham TAYLOR	M40	466	152
56	1:29:35	Gary RUSHMER	M40	1348	181
84	1:31:54	Richard RUFFELL	M40	1854	250
11 : Mornington Chasers					
17	1:24:00	John NODDER	M50	111	74
21	1:24:54	Mike HURFORD	M40	483	86
219	1:41:49	Mark GOODIER	M40	547	650
12 : Serpentine Running Club					
13	1:23:49	Steve BRETT	M40	594	71
31	1:26:52	David CHALEN	M40	436	118
211	1:41:23	WALDRON	M40	1518	628
13 : Metros					
59	1:29:41	John CAMPRUBI	M50	917	187
86	1:32:00	Peter GUNN	M40	781	254
103	1:33:19	David SWAN	M50	816	290
14 : Bearbrook Joggers					
72	1:31:07	Adrian TWISSELL	M40	2413	220
76	1:31:26	David STEEDMAN	M40	83	232
98	1:32:59	Peter CAIRNIE	M40	1376	279

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15 : Watford Joggers					
61	1:29:42	Marcus EDWARDS	M40	270	188
94	1:32:30	Gary STEWART	M40	1626	269
163	1:38:10	Kenneth BERRY	M40	265	478
16 : 26.2 Road Runners Club					
67	1:30:30	Andrew ALLEN	M50	301	204
104	1:33:23	Andrew PENGELLY	M40	1522	293
148	1:37:00	David ASHBURNER	M40	1821	426
17 : West 4 Harriers					
74	1:31:12	Andy BOWEN	M40	768	224
105	1:33:27	John BLAKE	M40	2551	295
147	1:36:54	Keith SIMPSON	M40	960	424
18 : St Albans Striders					
79	1:31:41	Gwynfor TYLEY	M40	61	240
116	1:34:33	Nick MACKAY	M40	52	330
127	1:35:54	Trevor CLEMENTS	M40	41	375
19 : Milton Keynes AC					
49	1:28:52	Alan HAMBLY	M40	386	166
83	1:31:54	Leslie TURTON	M40	1411	249
223	1:42:01	Keith COOK	M60	421	660
20 : Hillingdon Triathletes					
34	1:27:19	Ian GOULD	M40	218	129
139	1:36:19	Ed DARNELL	M40	2016	401
188	1:39:42	Martin BOWD	M40	1290	541
21 : Fairlands Valley Spartans					
20	1:24:45	David BOWKER	M50	833	83
121	1:35:16	Jim BROWN	M50	754	353
264	1:44:30	Mark GLADING	M40	898	789
22 : North Herts Road Runners					
30	1:26:49	David FRAMPTON	M50	906	117
102	1:33:18	Johnny SPINKS	M40	2067	289
269	1:44:42	Chris PRIESTLEY	M50	1161	797
23 : Chiltern Harriers AC					
122	1:35:18	Roger ELLERBY	M50	355	354
140	1:36:24	Doug KING	M50	1042	404
168	1:38:31	Ade McCORMACK	M40	924	491
24 : Hillingdon AC					
75	1:31:22	Jimmy WALSH	M40	499	229
183	1:39:26	Andrew MANSI	M50	418	532
193	1:40:08	Nick SEAMAN	M40	81	561
25 : St Albans Striders					
136	1:36:14	Richard DAVIS	M40	71	397
184	1:39:30	Peter SMITH	M50	1500	534
185	1:39:33	Anthony ROWLANDS	M50	56	536
26 : Gade Valley Harriers					
10	1:23:24	Vince ELLERBY	M40	1124	65
89	1:32:14	Martin ALEXANDER	M50	434	262
495	2:02:21	Gary ROKENSON	M40	1053	1558
27 : Trent Park Running Club					
54	1:29:29	Stuart MANKTELOW	M40	1495	175
204	1:40:56	Ian JOHNSON	M50	2472	609
381	1:52:39	Nicholas DIXON	M50	1230	1186
28 : London Heathside					
145	1:36:45	Richard HEWETT	M40	370	418
150	1:37:12	Jacquelin LIGOT	M40	312	438
362	1:51:25	James TAGGART	M50	1901	1114

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29 : Vegetarian Cycling & A.C.					
78	1:31:39	Andy JORDAN	M40	47	238
199	1:40:44	Ade GIBBON	M50	98	591
406	1:54:13	Scott BAILLIE	M40	448	1258
30 : Road Runners Club					
189	1:39:47	Paul HOWARD	M40	2439	546
216	1:41:43	Zach DE BEER	M50	983	647
298	1:46:41	Paul HOSKING	M40	1098	890
31 : headington					
96	1:32:57	Richard CLARKE	M40	1973	276
300	1:46:49	Michael YEATS	M40	348	898
344	1:49:29	Manuel STONE	M50	302	1027
32 : Tring RC					
225	1:42:15	Richard WHITE	M50	659	670
261	1:44:22	Peter HAMSON	M60	310	778
304	1:47:10	Maurice BOND	M60	1139	911
33 : Chiltern Harriers AC					
236	1:42:51	Fred BAXTER	M50	2004	692
242	1:43:22	Jonathan BEEDLE	M40	1780	712
332	1:48:50	Rik EDWARDS	M50	860	989
34 : Serpentine Running Club					
235	1:42:49	John WIX	M40	2000	690
266	1:44:37	Saradhi RAJAN	M40	1726	793
316	1:47:49	Terry NICHOLSON	M50	498	945
35 : Runneymede					
15	1:23:54	Andrew TATE	M40	253	73
27	1:26:09	John LONERGAN	M40	2009	107
605	2:26:45	John STARBROOK	M60	164	1907
36 : 26.2 Road Runners Club					
214	1:41:37	Greg WHITEMAN	M40	599	643
227	1:42:26	Peter GRECIAN	M40	541	673
390	1:53:16	Derek SUMMERS	M50	1817	1215
37 : Watford Joggers					
230	1:42:33	Stephen HEWITT	M40	282	678
310	1:47:30	James GAMBLE	M40	371	929
346	1:49:30	Pete EDWARDS	M40	1379	1030
38 : St Albans Striders					
217	1:41:46	Richard DERRICK	M50	2044	648
328	1:48:34	David ANDERSON	M50	33	978
353	1:50:18	Arthur BROOKS	M50	396	1065
39 : Mornington Chasers					
297	1:46:39	Mark UNDERWOOD	M40	1759	889
301	1:46:52	Alex SUTHERLAND	M40	143	900
343	1:49:23	Adrian SEAL	M40	1856	1020
40 : Fairlands Valley Spartans					
289	1:46:08	Robert SHAW	M60	307	864
389	1:53:13	Paul HOLGATE	M50	928	1212
417	1:55:02	David FARTHING	M40	1443	1283
41 : Bearbrook Joggers					
259	1:44:17	Brendan CRADDEN	M60	583	771
288	1:46:05	Paul HEARN	M40	2171	861
525	2:05:35	Graham SANDERS	M60	1454	1639
42 : Sudbury Court					
260	1:44:19	Martin GARRETT	M50	316	775
416	1:55:00	Jim O'LEARY	M60	468	1278
450	1:57:41	Louis SMYTH	M50	1459	1413

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43 : Watford Joggers					
350	1:50:01	Andy WILLERTON	M40	76	1056
388	1:53:08	Simon UNGER	M40	2560	1207
402	1:53:52	Ian BONNICK	M50	277	1244
44 : Serpentine Running Club					
348	1:49:59	Norman MARSHALL	M50	774	1052
359	1:51:02	Andrew VAN HEININGEN	M40	1075	1095
442	1:57:08	Paul GOULSON	M40	1158	1378
45 : St Albans Striders					
365	1:51:44	Richard BENTLEY	M40	2457	1133
429	1:55:34	Jonathan MOFFATT	M40	592	1311
432	1:55:56	Michael BARROWMAN	M60	35	1323
46 : Metros					
254	1:43:58	John GORTON	M50	1362	750
341	1:49:16	Peter JOSE	M60	1610	1013
580	2:16:30	Ian ROSS	M40	1356	1825
47 : Chiltern Harriers AC					
395	1:53:34	Will HUTTON	M40	1951	1229
444	1:57:23	Reg GILBERT	M60	250	1392
524	2:05:27	Frank HARRIS	M50	251	1633
48 : London Heathside					
414	1:54:45	Charles VERRALL	M60	2030	1271
491	2:01:41	Laurence STEINPRESS	M50	2155	1547
494	2:02:11	Stephen WOOLF	M50	2010	1556
49 : Watford Joggers					
497	2:02:31	Allan HAVARD	M60	837	1563
505	2:03:03	Malcolm SALMONS	M50	2191	1575
518	2:04:28	Trevor BISDEE	M50	2145	1612
50 : Road Runners Club					
433	1:56:22	John ROWE	M60	289	1335
477	2:00:01	Mike GRAY	M50	134	1495
584	2:17:06	Mick CURRY	M50	313	1831
51 : Tring RC					
375	1:52:12	Nick PIERPOINT	M50	2139	1156
508	2:03:20	Rich KENINGTON	M50	1737	1584
599	2:23:40	Geoff DENNIS	M60	2121	1892
52 : Stopsley Striders					
532	2:06:35	Kieran FITZPATRICK	M40	2332	1658
549	2:09:01	Lawrence PROCTOR	M50	2348	1711
590	2:19:25	Robert CRESSWELL	M40	1240	1854
53 : Bedford Harriers					
372	1:52:11	Keith GRAY	M40	982	1153
562	2:11:52	Bruce MEHEW	M40	1299	1757
614	2:33:22	Larry CORKREY	M60	427	1928
54 : Milton Keynes AC					
357	1:50:41	Nigel FARMER	M40	416	1079
581	2:16:48	Richard BROOM	M50	1437	1826
622	2:40:27	Peter HUBBLE	M40	1435	1939